



Windsor Nursery School
October 2017 – Snack Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2 carrots w/ hummus bread sticks water	3 carrots w/ hummus bread sticks water	4 mini cobs of corn pita bread water	5 roasted veggies bean chips water	6 roasted veggies bean chips water
9 Thanksgiving Holiday No School	10 apples (diff colours) rice cakes water	11 apples (diff colours) rice cakes water	12 peppers triscuits water	13 peppers triscuits water
16 pumpkin loaf apple sauce water	17 pumpkin loaf apple sauce water	18 toast pumpkin spread apple cider water	19 apple crisp cheese water	20 apple crisp cheese water
23 trail mix peaches water	24 trail mix peaches water	25 grapes cheese water	26 branflake cereal yogurt water	27 branflake cereal yogurt water
30 banana ghosts apple sauce water	31 banana ghosts apple sauce water			

I have followed the Food and Beverage Criteria to ensure this menu meets the Standards of Food and Nutrition.

Lisa Lebrasseur

Signature

October 1, 2017

Date