

Windsor Nursery School Behavior Management Policy

(Updated: June 2015)

We at the Windsor Nursery School feel that all children are unique and capable, and need to be treated with respect. We believe it is the role of the teachers and support workers to promote positive self-image and socially appropriate behavior in all children. We realize that patient and supportive care, along with observation, sound guidance practices and environmental controls result in positive experiences that will benefit all children in our care.

In connection with Section 19(1) of the Nova Scotia Day Care Act and Regulations; **the following forms of discipline are prohibited:**

- (1) Corporal punishment, including but not limited to:
 - Striking a child directly or with a physical object.
 - Shaking, shoving, spanking or any other form of physical contact.
- (2) Requiring or forcing a child to perform repeated physical movements
- (3) Using harsh, humiliating, belittling or degrading responses of any form; including verbal, physical or emotional.
- (4) Confining or isolating a child.
- (5) Depriving a child of basic needs including food, clothing or shelter.

In connection with section 11.1 of the Standards of Food and Nutrition in Regulated Child Care Settings:

- (i) Staff and volunteers will not offer food to reinforce positive behaviors.
- (ii) Staff and volunteers will not withhold food as a consequence for inappropriate behavior.
- (iii) Food will not be used as a reward for completing a task or finishing a meal.

Behavior Guidance Techniques that will be used by the staff at the Windsor Nursery School include:

- **Positive reinforcement** to promote feelings of self-worth, and rewarding appropriate behaviors with praise.
- **Good role models** for the children to imitate.
- **Positively redirecting** when inappropriate behaviors occur. This is accompanied by a statement of expected behavior)
- **Acceptable alternatives.** (With focus on the behavior, not the child; give an explanation of appropriate behavior and reasons why some behaviors are inappropriate.)
- Giving the child **a choice of acceptable behaviors.**
- The staff **set age appropriate limits** for the children.

We at the Windsor Nursery School recognize that a well-planned program with interesting activities, help to prevent inappropriate behaviors. Our program is structured with a variety of developmentally appropriate and interesting activities that promote and encourage the children to participate with appropriate behaviors.

Department of Education and
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